

Women Empowerment

Background: Mrs Urmila Upadhyaya , a 26 years old young woman, from Kamalbazar Municipality-6, Syaule Achham, Far West province lives with her family whose major source of income is agriculture and animal husbandry. She is also a Member of Syaule WSUC.

Innovation: She is very active young women with learning attitude. She participated in the 3 days WSP training organized by Civic Forum very actively and learnt water quality testing procedure step by step. She also gained ideas on system chlorination and different aspects of safe drinking water during the training.

Outcomes: As a result, she was found to be fully capable of using MICS kit for *E. Coli* test collecting sample from different places. She can now perform *E.Coli* test using MICS kit of samples collected from different points of her water supply schemes.

Conclusion: Nepal is a male dominant society with more than 50% of its population being female. Mrs. Urmila Upadhyaya is an example that if women are also provided with an opportunities, they can actually do what male can't do.



Mrs. Urmila Upadhyaya performing *E.Coli* test during 3 days WSP training